The Center for Community Engagement at Arkansas State University

Positive Behavioral Interventions & Supports

Facilitator's Guide to PBIS Tier II Training

Module 5

Check-in, Check-out (CICO) Tier II
Intervention







Arkansas State Personnel Development Grant

Focus Area: The Tier II Intervention Check-in, Check-out (CICO)

Title of Training:

Module 5: Check-in, Check-out (CICO) Tier II Intervention

Suggested Training Time: 1-2 hours

About this guide:

This guide and others in the series were developed to assist facilitators when presenting PBIS training modules to administrators, schools, districts, teams, and others interested in implementing PBIS Tier II.

What is included?

- The first part of this guide (pgs. 1-4) includes information to help facilitators prepare to present the training module.
- The main part of this guide includes a picture of each slide from the accompanying PowerPoint, with notes for presenting each slide.
- Throughout the guide are activities and examples that are not included in the accompanying PowerPoint presentation.
 - The activities will appear in a green text box with a green star.
 - Examples will appear in a blue text box with a smiley face.
- At the end of this guide are discussion questions, homework, and resources for attendees.

Suggested pre-requisites to this training:

- Tier I Modules
- Tier II Modules 1-4

Training Description:

This presentation is a brief overview of the Tier II intervention Check-in, Check-out (CICO). It is designed to give administrators, schools, districts, or other personnel an introduction to CICO and help them begin preparing for implementation.

Module Sections:

Introduction – Purpose and objectives (slides 1 - 4) pgs. 5 - 9 **Training Sections**

Section 1 - Purpose of Check-in, Check-out (slides 5 - 8) pgs. 10 - 14

Section 2 – Personnel Needed for CICO (slides 9 - 18) pgs. 15 - 25

Section 3 – The Components of the CICO Implementation Process (slides 19 - 52) pgs. 26 - 70

Conclusion – Summary and resources (slides 53 - 59) pgs. 71 - 78**Discussion questions, homework, resources** – pgs. 79 - 80

Training Materials/Equipment:

<u>PowerPoint for Module 5: Check-in, Check-out (CICO) Tier II Intervention</u>

- Equipment needed/recommended to project the PowerPoint:
 - Laptop computer
 - o Access to PowerPoint (downloaded on computer, flash drive, etc.)
 - Projector
 - Speakers, if needed
 - o Microphone(s), if needed
 - o Required connecting cables, extension cords, etc.
 - "Clicker" to advance slides
- Showing videos embedded in the PowerPoint presentation:
 - Before beginning your training session, put the PowerPoint in presenter mode and advance to the slides with embedded videos.
 - o Note that it may take a minute for the video to load.
 - Once the video is loaded, a still shot with an arrow to start the video will appear on the slide.

- Click on arrow to check that the video works with your Wi-Fi.
- Provide links for participants to download the PowerPoint.
- If necessary, provide a hard copy of the PowerPoint.

Suggested Materials:

- Notepads
- Pens or pencils
- Easel and flip chart
- Markers
- Sticky notes



Handouts:

Physical and/or electronic copies of:

- Daily Progress Reports (pgs. 38 43)
 - Elementary (pgs. 38 39)
 - <u>Middle/High</u> (pgs. 40 42)
 - o <u>Template</u> (pg. 43)
- DPR Checklist (pg. 46)
- <u>Component & Features</u> (pg. 51)
- <u>DPR with Individualized Features</u> (pg. 63)
- Check-in, Check-out Guide (pg. 70)



Activities in this Training:

- Discussion: Planning for CICO (pg. 19)
- Data Collection Spreadsheet (pg. 58)

Essential Questions:

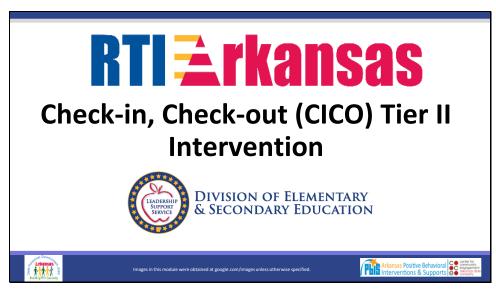
These essential questions will be addressed in this training module:

- What is the purpose of the Check-in, Check-out intervention?
- Which students benefit most from this intervention?
- What personnel are needed to implement this intervention?
- What are the daily, weekly, and other ongoing components of Check-in, Check-out?

Trainer Tips:

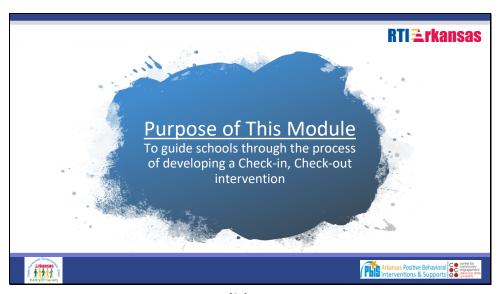
- Schools often select Check-in, Check-out (CICO) as their first Tier II
 intervention as it is fairly simple to implement and it will support a large
 portion of students that need Tier II interventions.
- It's important to have the background on function of behavior, identifying students for interventions, and data decision rules before implementing any Tier II intervention.
- CICO works well for students who are seeking adult attention when classroom strategies have not been sufficient.

Introduction **Slides 1 - 4** • Purpose of this module • Objectives of this module (Page 5)

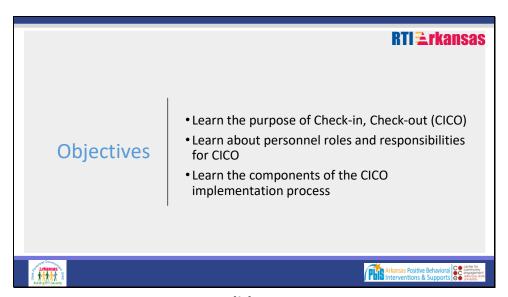


Slide #1

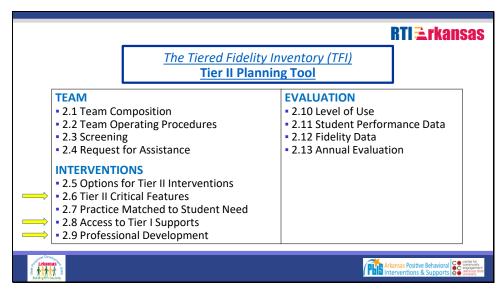
[Check-in, Check-out (CICO) Tier II Intervention]



Slide #2
[Purpose of This Module]



Slide #3
[Objectives]



Slide #4

[The Tiered Fidelity Inventory (TFI) Tier II Planning Tool]

- The PBIS Tiered Fidelity Inventory (TFI) tool is hyperlinked in the title of this slide.
- The TFI Action Planning Tool is also hyperlinked in the title of this slide.

Training Section One

Purpose of Check-in, Check-out (CICO)

Slides 5 - 8

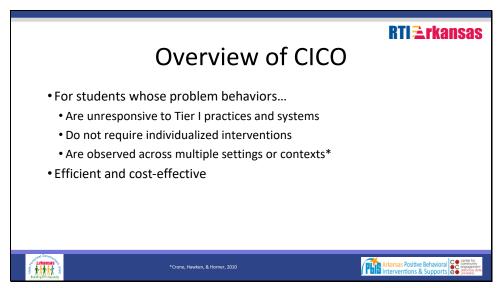
Goals

Participants will learn

- The purpose of CICO
- Which students to use CICO with

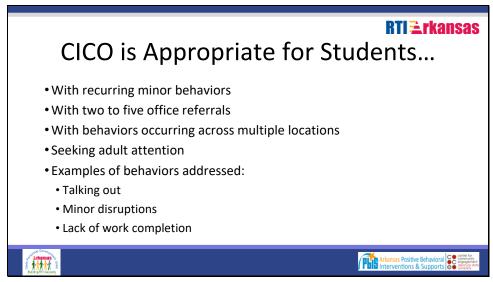


Slide #5
[Purpose of Check-in, Check-out (CICO)]



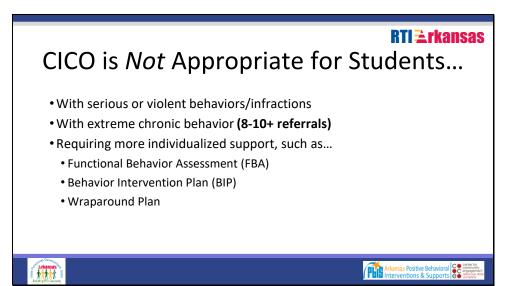
Slide #6
[Overview of CICO]

• CICO is considered a **group intervention** because **all students receive the same supports and routines**.



Slide #7
[CICO is Appropriate for Students...]

• Check for understanding that CICO is a low-level intervention and not intended to be the only intervention tried for more serious or chronic behaviors. (*Mid-Atlantic PBIS and OSEP Technical Assistance Center*)



Slide #8
[CICO is Not Appropriate for Students...]

- Functional behavior assessment is an approach to figuring out why a student acts a certain way. It uses different methods to understand what's behind behavior challenges.
- Wraparound supports involve working with students and the adults invested in their success
 to identify how a student's natural support systems, strengths, and needs can work together
 to improve their outcomes. The Wraparound plan typically includes both formal, researchbased services and informal supports provided by friends, family, and other people drawn
 from the student's social networks (https://www.pbis.org//pbis/tier-3).

Training Section Two

Personnel Needed for CICO

Slides 9 - 18

Goals

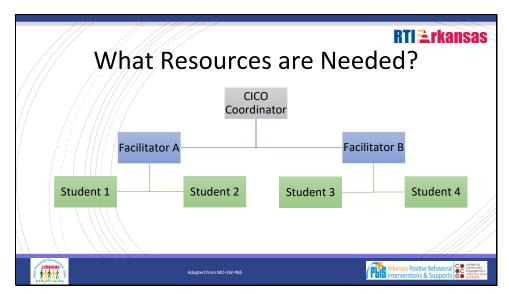
Participants will learn

- About the CICO coordinator and facilitator
- Weekly and quarterly responsibilities



Slide #9
[Personnel Needed for CICO]

• This section discusses additional roles needed to support the CICO intervention.



Slide #10
[What Resources are Needed?]

- The CICO Coordinator will be a member of the Tier II team; however, the facilitators working with students do not need to be on the team.
- Depending on the number of students enrolled in CICO, there will need to be enough facilitators to check students in and out each day.
- Also, someone will need to be the coordinator for CICO.



Personnel: CICO Coordinator

Qualifications:

- Fluent with CICO procedures
- Regarded positively by students
- Effective in communication with students, staff, and families
- Consistent with follow-through and activity completion
- Effective in data decision making

Responsibilities:

- Generating data graphs for team meetings
- Completing tasks as assigned





Slide #11

[Personnel: CICO Coordinator]

- Qualifications:
 - · Fluent with CICO procedures
 - Regarded positively by students
 - · Will communicate well with students, staff, and families
 - Consistent with follow-through and activity completion
 - · Effective in data decision making
- Responsibilities:
 - Generates student data graphs and brings them to team meetings
 - Completes tasks as assigned during meetings



Personnel: Facilitators

Qualifications:

- Has time in the morning and afternoon to meet with students
- Has positive relationships with students in the school

Responsibilities:

- Morning check-ins
- Afternoon check-outs
- Recording of DPR points
- Maintaining of records of parent reports and DPRs





Slide #12

[Personnel: Facilitators]

Trainer Notes:

- **Facilitator**(s): For groups of students, it is recommended to have no more than 15-20 students at elementary level and no more than 30 for secondary level.
- Qualifications:
 - Staff chosen for CICO facilitators has a relationship with target students and need to have the flexibility to meet with students each morning and each afternoon.
- Responsibilities:
 - Speak to one target student at a time (but facilitator can be responsible for more than one student)
 - Morning check-ins (get the student started positively each day and give pre-corrects)
 - Afternoon check-outs (reinforce the things they did well and give positive corrective feedback for tomorrow)
 - Recording DPR points each day for each student (ideally using a tool that can graph progress)
 - Maintaining records of parent reports and DPRs



ACTIVITY

Discussion

- Which staff members would be good facilitators?
- Where could facilitators do check-ins and check-outs each day?

Coordinator and Facilitator Provide Introductions and Communication

- Provide orientation for targeted students entering CICO
- Introduce parents and new teachers to CICO
- Communicate with teachers and families





Slide #13

[Coordinator and Facilitator Provide Introductions and Communication]

- Coordinators and facilitators share the following duties:
 - Provide orientation for target students entering CICO
 - Introduce Daily Progress Report (DPR) form (data collection form)
 - Explain when and where to check in and out daily
 - · Explain when and how to receive teacher feedback
 - Introduce parents and new teachers to CICO
 - Communicate with teachers and families regarding the progress and needs of individual students



Slide #14
[Weekly and Quarterly Responsibilities]



Weekly Responsibilities

CICO coordinator:

- Examines data
 - Prioritizes students to be discussed in the Tier II team meeting
 - Graphs data
- Provides update to Tier II team on students' progress
- Presents names and data for potential new students to Tier II team





Slide #15 [Weekly Responsibilities]

- The CICO coordinator...
 - examines student data and prioritizes which students will be discussed during Tier II team meeting, and creates data graphs for the team.
 - provides an update on the number of students participating in the program and the number of students showing positive response; also, reports students that are ready for transition to self-management phase, as well as students who are not making progress.
 - presents names and data for any new students who are being considered for the program.



Weekly (or Bi-weekly) Responsibilities

CICO Coordinator attends Tier II Meetings to help team:

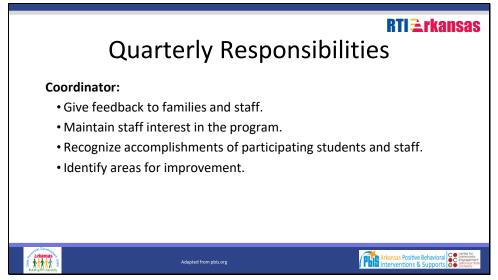
- Make decisions about students.
- Discuss student awards or recognition.
- Consider recognition for staff members.





Slide #16 [Weekly (or Bi-weekly) Responsibilities]

- CICO Coordinator attends Tier II Meetings to help team:
 - makes decisions about students in the program (e.g., fade, continue, modify or intensify).
 - may choose to discuss awards or recognition for students who are improving or consistently meeting behavioral goals.
 - considers recognition for staff members who consistently implement the intervention.



Slide #17
[Quarterly Responsibilities]

- There is an example of a quarterly report on next slide.
- The CICO coordinator gives feedback to families and staff about CICO implementation (**NOT** data for individual students).
- Note: The Tier II team administrative representative will need to support the Coordinator in some of these responsibilities.

RTI = rkansas

Example – Quarterly Report

During a scheduled staff meeting, the CICO coordinator might have ten minutes to report the following:

- The number of students currently participating in the program
- The rate of positive student response
- Data on how well interventions are being implemented





Slide #18
[Example – Quarterly Report]

Training Section Three

The Components of the CICO Implementation Process

Slides 19 - 52

Goals

Participants will learn

- The CICO process
- The five components of CICO
- About CICO implementation



Slide #19

[The Components of the CICO Implementation Process]



CICO Process

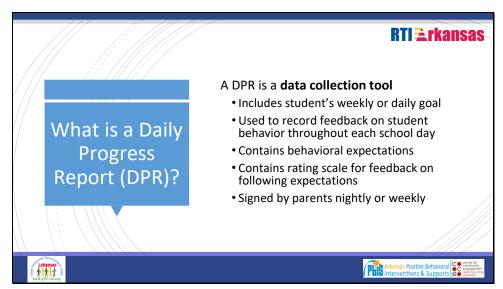
- Student is identified and parent permission is obtained.
- A data collection form called a Daily Progress Report (DPR) is given to student.
- Daily and/or weekly goal established with the student.
- Student receives prompts and feedback.
- Student data are recorded daily (DPR).
- Data are used to monitor progress and make decisions.





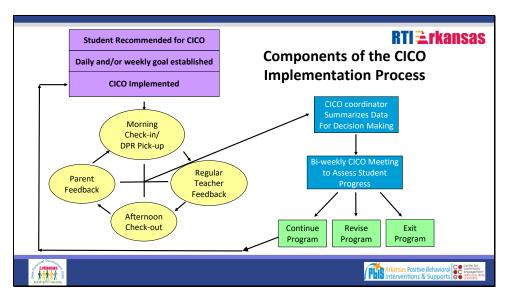
Slide #20 [CICO Process]

- First, the student is identified as needing additional behavioral support.
- A daily progress report (DPR) is given to the student.
- Daily and or weekly goals are established with the student.
- The DPR defines behavioral expectations and documents daily progress in meeting expectations.
- The student begins receiving a regular cycle of prompts and feedback from teachers and family for meeting behavioral expectations.
- Student data are generated daily (through DPR) and are used to monitor progress and make decisions about the intervention's effect.



Slide #21
[What is a Daily Progress Report (DPR)?]

- Typically, a student's goal for CICO is to receive at least 80% of the possible points each day. However, students and facilitators should discuss the goal daily and may want to set a personal daily goal.
- Some students may need to start with a lower goal, based on baseline data collection, e.g., 70%.
- We will discuss the DPR more in depth later in this module.



Slide #22
[Components of the CICO Implementation Process]

- This is a visual representation of the CICO cycle.
- As we discussed in the last slide, once the student is identified as meeting the criteria for CICO, the student receives a daily progress report (DPR) and the cycle of checking in and receiving feedback begins. The following slides will give a more explicit look at each of the five components of CICO.



Five Daily Components of CICO

- 1. Check-in with facilitator
- 2. Regular teacher feedback throughout the day
- 3. Check-out with facilitator
- 4. Data collection and progress monitoring
- 5. Parent/family participation





Slide #23 [Five Daily Components of CICO]

- 5 Daily Components of CICO:
 - The student checks in with a facilitator
 - The student receives feedback throughout the day from teacher(s)
 - The student checks out with the facilitator
 - The student will take the DPR form home for the parent to sign and the process starts again the next day
 - Parent/family participation
- Every two weeks the student's data are summarized, and the team assesses the student's progress. The team will then decide about continuing the intervention, making changes to the intervention, or fading the student from the intervention.



Slide #24
[Component 1: Check-in]



Component 1: Check-in

- Each student "checks in" with a facilitator
- Each student receives a Daily Progress Report (DPR) form for the day
- Facilitator encourages each student to meet daily goals (pre-corrects)

(There is a video example in a few slides.)

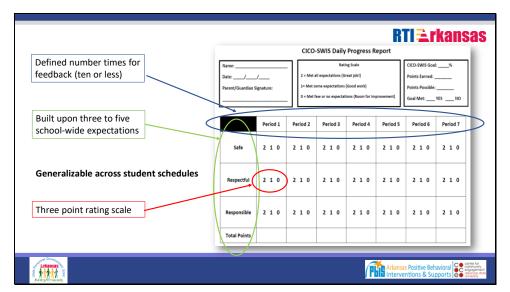




Slide #25

[Component 1: Check-in]

- At check-in in the morning, the facilitator gives the student their DPR for the day and then sets them up to have a good day by reminding them of the expectations and encouraging them to meet their goals.
- Every student will have a goal, which is typically to earn at least 80% of the possible points each day.



Slide #26
[CICO-SWIS Daily Progress Report]

- This example comes from Mid-Atlantic PBIS and OSEP Technical Assistance Center. We will have more examples in later slides.
 - This slide shows a sample DPR with important considerations.
 - Notice that the points are earned based on how well the students follow each of the school-wide expectations.
 - When developing the DPR, teams can decide on the rating scale numbers, but a student is rated on whether they completely followed the expectations. In this example 0 means they did not, 1 means they partially followed them, and 2 means they completely followed the expectations.
 - It is very general so that all students in CICO can use the same card.



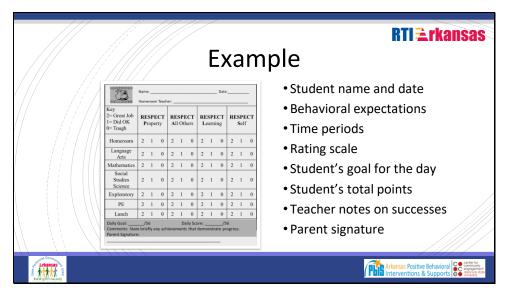
DPR Content

- Student's name and date
- Matrix of behavioral expectations by period/class/setting
- Rating scale that is easy for teachers to use
- Student's goal for the day (optional)
- Student's total points and percentage for day
- Teacher notes on successes of student
- Parent signature



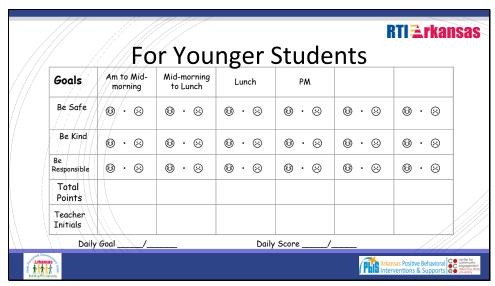


Slide #27
[DPR Content]



Slide #28 [Example]

- Be sure to point out all the content that is on this form.
- It is a very small form that can be easily printed multiple times on one sheet of paper, but still includes all the information that is needed.



Slide #29
[For Younger Students]

- Elementary example
- For very young students, symbols can be used instead of numbers. But there still needs to be a goal. In this example, the smiley face would be worth 2 points, the dot 1 point, and the sad face zero points. The facilitator would do all the calculations.
- Considerations for older students: there are currently some electronic methods being developed and used for older students (middle and high school), e.g., apps on phones or iPads.
- On the following six pages are two more examples of elementary DPRs, a middle/high school DPR, and a template that can be individualized by schools.



EXAMPLES

Daily Progress Reports

The following pages contain elementary DPR examples (pg. 38 - 39), middle/high school DPR examples (pg. 40 - 42), and a DPR template (pg. 43). These can also be found on our website at:

http://cce.astate.edu/pbis/check-in-check-out/

CICO Daily Progress Reports – Elementary Examples

LAKEWOOD	Name:	Date:
	Homeroom Teacher:	
BULLDOGS		

Key 2= Great Job 1= Did OK 0= Tough		SPE	_		SPE l Oth			E SPE earni		RE	SPE Self	
Homeroom	2	1	0	2	1	0	2	1	0	2	1	0
Language Arts	2	1	0	2	1	0	2	1	0	2	1	0
Mathematics	2	1	0	2	1	0	2	1	0	2	1	0
Social Studies Science	2	1	0	2	1	0	2	1	0	2	1	0
Exploratory	2	1	0	2	1	0	2	1	0	2	1	0
PE	2	1	0	2	1	0	2	1	0	2	1	0

Daily Goal:	/56	Daily Score:/56	
Comments: Stat	e briefly any	achievements that demonstrate progress.	
Parent Signature	e:		

Elementary School Examples

HAWK Report – Help A Winning Kid

Name:	Points r	eceive	ed
Date:			
Daily Goal	Daily goal reached?	Yes	No

GOALS	Period 1	Period 2	Period 3	Period 4	Period 5	Period 6
	8:30- 10:00	Recess	10:15- 11:30	Lunch	12:15- 1:15	1:15- 3:00
Be Safe	0 1 2	0 1 2	0 1 2	0 1 2	0 1 2	0 1 2
Ве	0 1 2	0 1 2	0 1 2	0 1 2	0 1 2	0 1 2
Respectful						
Ве	0 1 2	0 1 2	0 1 2	0 1 2	0 1 2	0 1 2
Responsible						
TOTAL						

CICO Daily Progress Reports – Middle/High Examples

						Da	ııy ı	-10	gre	33 N	reh	UIL									
Name					_	R	atir	ng S	Scal	e				Р	oint	s Po	oss	ible			
Date						2	= 6	ire	at					Goal to meet							
				1 = Sorta				Points received													
						0	= T	ry .	Aga	in				G	oal	Me	t	Ye	s I	No	
Goal	Pe	rio	d 1	Pe	rio	d 2	Pe	rio	d 3	Pe	rio	d 4	Pe	rio	d 5	Pe	rio	d 6	Pe	erio	d 7
Be Safe	0	1	2	0	1	2	0	1	2	0	1	2	0	1	2	0	1	2	0	1	2
Be Responsible	0	1	2	0	1	2	0	1	2	0	1	2	0	1	2	0	1	2	0	1	2
Be Respectful	0	1	2	0	1	2	0	1	2	0	1	2	0	1	2	0	1	2	0	1	2
TOTAL																					
Comments:																					
Parent Signati	ure	:									_										

Grant Middle School STAR CLUB

(Students tracking Awesome Results)

Daily Progress Report

DATE:

XPECTATIONS	1:	st bloc	ck	21	nd blo	ck	3r	rd bloo	ck	4	th blo	ck
Be Safe	2	1	0	2	1	0	2	1	0	2	1	0
Be Respectful	2	1	0	2	1	0	2	1	0	2	1	0
Be Responsible	2	1	0	2	1	0	2	1	0	2	1	0
Total Points												
Teacher Initials												
EP Daily Goal _32/ Percentage	_40				BEP dail	y score	<u> </u>	/				
n training		В	EP Men	nber_	_			Studen	t			

Check-In/Check-Out Form Daily Progress Report

B-Day A-Day

Date:

Teachers: Please indicate YES (2), So-So (1), or No (0) regarding the student's achievement for the following goals:

Goals		1/5			2/6			3/7			HR			4/8	
Be respectful	7	1	0	2	7	0	Y	1	0	4	1	0	2	+	0
Be responsible	4	1	0	2	7	0	1,	1	0	1	1	0	4	1	0
Keep Hand & Feet to Self	7	+	0	4	1	0	2	1	7	Y	1	0	2	4	0
Follow Directions	2	7	0	×,	1	0	2 ,	7	0	7	1	0	7'	1	0
Be There – Be Ready	p	1	0	7	1	0	Y	1	0	7	1	0	4	1	0
TOTAL POINTS	00			60			1			01			00		
TEACHER INITIALS	AK			3.D.			R.S.			J.T.			3.1	100.1	

40/50 Daily Goal

Jeremy Walker Student Signature

41/50 Daily Score Teacher comments: Please state briefly any specific behaviors or achievements that demonstrate the student's progress. (I additional space is required, please attach a note and indicate so below)

Behavior is improving! Period 1/5

Period 2/6 Period 4/8 Period 3/7

Excellent behavior today! Home Room

Angel Walker Parent/Caregiver Signature:

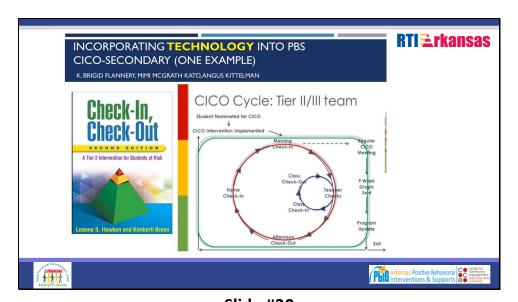
Keep up the good work! Parent/Caregiver Comments:



Daily Progress Report Date_____ Student Name_____ Total Points Possible_____ Goal for Today_____ Total points for today_____ Point values: 0 = No, but you can do it next time! 1 = Pretty good! Keep trying! 2 = You did it! Great! Period 1 | Period 2 | Period 3 | Period 4 | Period 5 Be Responsible | 0 1 2 | 0 1 2 0 1 2 0 1 2 0 1 2 Be Respectful 0 1 2 0 1 2 0 1 2 0 1 2 0 1 2 Be Safe 0 1 2 0 1 2 0 1 2 0 1 2 0 1 2 Total points Teacher notes or comments: Parent Signature_____ **Daily Progress Report** Date_____ Student Name Total Points Possible_____ Goal for Today_____ **Total points for today**____ Point values: 0 = No, but you can do it next time! 1 = Pretty good! Keep trying! 2 = You did it! Great! Period 1 Period 2 Period 3 Period 4 Period 5 Be Responsible 0 1 2 0 1 2 0 1 2 0 1 2 0 1 2 Be Respectful 0 1 2 0 1 2 0 1 2 0 1 2 0 1 2 Be Safe 0 1 2 0 1 2 0 1 2 0 1 2 0 1 2 **Total Points**

Teacher notes or comments:

Parent Signature_____



Slide #30
[Incorporate Technology Into PBS CICO-Secondary (One Example)]

- The research study here uses iPads for MS and HS kids. They self-rate and then teacher rates and they compare.
- There are examples of electronic data collection on slide 42.

	RTI ≟rkansas
	DPR Checklist
	All expectations are included on the DPR.
	At least four rating periods are included throughout the day.
	A rating scale (with explanation) is provided for each rating period (teacher will just circle the rating).
	Have spaces for the teacher's positive comments.
	Include spaces for student's total points and percentage.
	Include parent signature line.
	Include space for specific target behaviors to be added under expectations, if necessary.
a Arkansas	This Arkansas Positive Behavioral Land Interventions & Supports of Conference of Confe

Slide #31 [DPR Checklist]

- This checklist will help teams develop their DPR.
- This is included in the facilitator guide as a handout on the next page (pg. 46).

Daily Progress Report Development Checklist

All expectations are included on the DPR.
At least four rating periods are included throughout the day.
A rating scale (with explanation) is provided for each rating period (teacher will just circle the rating).
Have spaces for the teacher's positive comments.
Include spaces for student's total points and percentage.
Include parent signature line.
Include space for specific target behaviors to be added under expectations, if necessary.



[Component 2: Regular Teacher Feedback]



Component 2: Regular Teacher Feedback

- Give positive, specific praise for appropriate behavior.
- Give corrective feedback when needed.
- Rate student's demonstration of expectations.





Slide #33

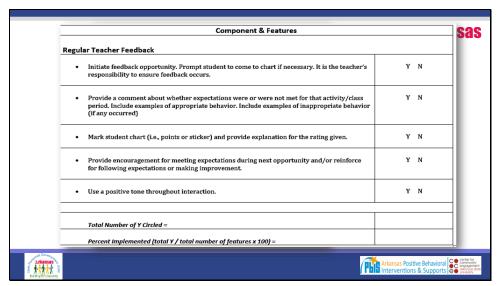
[Component 2: Regular Teacher Feedback]

- At the end of each class period or during natural transitions, the classroom teacher gives the student positive, specific praise for using the appropriate, expected behavior.
- If needed, the teacher can also give corrective feedback (which should be positive and specific).
- Training on how to give positive specific praise and corrective feedback may be needed for teachers.
- The goal is to help the student improve their behavior.
- The teacher will then give the student a rating for how well they demonstrated each of the expectations, using the point system on the DPR.
- The student and facilitator work together to determine the daily point goal, using the point system on the DPR.



Slide #34
[Video Example]

- This video was created to show teachers how to correctly give CICO feedback to students in their classrooms.
- Link to video: https://www.youtube.com/watch?v=V5X9RpvC6u4
 - This video is called "PBIS CICO Video" and was posted in September 2016.



Slide #35
[Component & Features]

- This slide is animated.
- Here is an example of an assessment teachers can use to determine if they are providing the appropriate support to the students in CICO.
- This is provided as a handout on the next page (pg. 51).

	Component & Features		
Regul	Regular Teacher Feedback		
•	Initiate feedback opportunity. Prompt student to come to chart if necessary. It is the teacher's responsibility to ensure feedback occurs.	N Y	
•	Provide a comment about whether expectations were or were not met for that activity/class period. Include examples of inappropriate behavior (if any occurred)	N Y	
•	Mark student chart (i.e., points or sticker) and provide explanation for the rating given.	Y N	
•	Provide encouragement for meeting expectations during next opportunity and/or reinforce for following expectations or making improvement.	N Y	
•	Use a positive tone throughout interaction.	Y N	
	Total Number of Y Circled =		
	Percent Implemented (total Y / total number of features x 100) =		- 1



Slide #36
[Component 3: Check-out]



Component 3: Check-out

- Each student returns to the facilitator.
- Points are totaled.
- Facilitators provide verbal praise.
 - Optionally, give a Tier I acknowledgement.
 - Provide re-teaching and encouragement when needed.

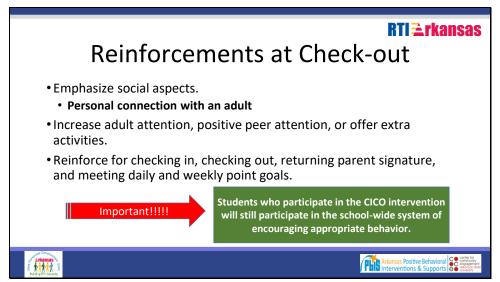




Slide #37

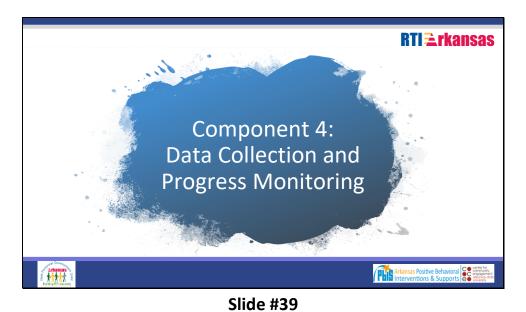
[Component 3: Check-out]

- At the end of each school day, the students go back to their CICO facilitator, where their points are totaled and recorded for the day.
- The facilitator then gives the student additional verbal praise and possibly a Tier I acknowledgement if goals have been met. (This is something you can decide as a team.)
- If the student hasn't met their goal for the day, the facilitator will go over the expectations with the student again and encourage them to do better the next day.



Slide #38
[Reinforcements at Check-out]

- Students who have not made progress with Tier I interventions need additional reinforcement.
- Be sure to emphasize the social aspects of the intervention.
- The primary CICO reinforcer is the personal connection with an adult!
- You can increase adult attention, increase positive peer attention, or provide easily accessible activities such as additional computer or gym time.
- Reinforce for checking in, checking out, and meeting daily and weekly point goals.



[Component 4: Data Collection and Progress Monitoring]



Component 4: Data Collection and Progress Monitoring

- Log percentage of points earned daily
- Graph and review data
- Monitor progress and make decisions





Slide #40

[Component 4: Data Collection and Progress Monitoring]

- Once the student and facilitator have finished checking out, the facilitator will enter the student data into a spreadsheet.
- Every student will have a goal, which is typically to earn at least 80% of the possible points each day.
- These data will then be graphed about every two weeks so that the team can review the student's progress and make decisions about the intervention.
- In the upcoming section "Daily Progress Reports (DPRs)" there will be a lot of examples of data collection forms.



Using Data from the DPR

- Calculate percentage of daily points earned.
- Graph results on an ongoing basis.
- Review data at least every two weeks.
- After about six weeks of data, use data decision rules to determine next steps.





Slide #41 [Using Data from the DPR]

- Ideally, daily points should be recorded and graphed daily, with a trend line showing progress.
- The next slide gives examples of ways to record and analyze the data.
- It's important to review each student's data often (at least every two weeks) to determine whether any changes need to be made.
- This intervention is meant to be short term but be sure to give the student at least a month to six weeks before making any changes.

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Some Data Collection Options

- CICO-SWIS
 - Link: Demonstration of this tool on pbisapps.org website
- Missouri's Advanced Tiers Data Collection Spreadsheet
 - Link: <u>Instructions and different versions available for free on Missouri</u> SW-PBS website





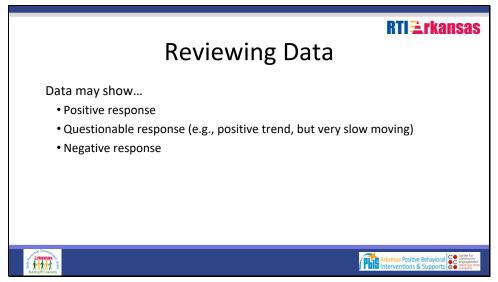
Slide #42 [Some Data Collection Options]



ACTIVITY

Data Collection Spreadsheet

- Practice using the Missouri spreadsheet referenced in the slide.
 - The spreadsheet can be downloaded directly here:
 http://cce.astate.edu/pbis/wp-content/uploads/2018/04/AdvancedTierSpreadsheetwithBarGrap-hs-MO-pbis.xlsm
 - A guide to using the spreadsheet is here:
 http://cce.astate.edu/pbis/wp-content/uploads/2018/04/MO-pbis-Advanced-Tiers-Spreadsheet-Guide.docx
- First, practice entering individual student information.
- Next, practice entering daily DPR data for each student.
- Then, look at the individual and cumulative student data charts that are generated by entering data.



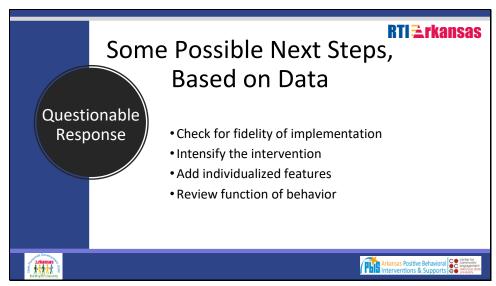
Slide #43 [Reviewing Data]

- As noted in an earlier slide, the student needs to be in the intervention long enough to learn and improve behavior (the team will need a data decision rule for this; e.g., the student will remain in the intervention for at least six weeks to collect sufficient response data).
- After the determined minimum amount of time, consider the student's response and use
 data decision rules to determine what the next steps will be. The next three slides will go
 into more detail about each of the scenarios on this slide.



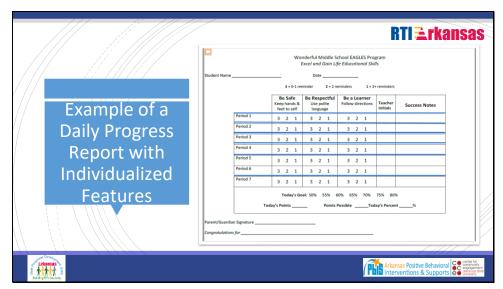
Slide #44
[Some Possible Next Steps, Based on Data]

- Before beginning to fade or graduate a student from an intervention, it's important that the student learns how to self-manage the behavior they have been learning and practicing. They will continue their normal CICO routine, but they will be self-rating throughout the day. Their teachers will continue to rate also, and they will discuss their ratings and the student's ratings with the student. Both sets of data are collected and this will continue until the student and teacher ratings are matching up most of the time. The team will need to have a data decision rule for this, e.g., when the teacher and student ratings are at least 80% matching for two weeks, then the student can move on to fading the intervention and graduating.
- Fading the interventions might involve...
 - having the student check in fewer times with teachers during the day.
 - having the student continue self-rating and getting feedback from the teachers on their ratings (though less often and fade the frequency).
 - using data decision rules to determine when the student is ready to graduate (e.g., if the student gets 80% or more of points 80% or more of the time with less frequent or no teacher feedback, then they are ready to graduate).
- Have a graduation ceremony to celebrate the student's success and reinforce how well the student
 has progressed. At this point, the CICO daily routine is discontinued, with occasional monitoring of
 student's data and continued feedback from parents and teachers, though not formally. At this point,
 the team might want to have some options, such as letting the student continue to check in with the
 facilitator from time to time or get feedback from teachers.



Slide #45
[Some Possible Next Steps, Based on Data Cont'd]

- When a student is not having a positive response, the first step should always be to check that the intervention is being implemented the way it was intended. Some questions to ask:
 - Is the student checking in and out regularly and getting regular feedback from teachers?
 - Are teachers giving appropriate, positive, corrective feedback?
- Intensifying the intervention might include adding additional check in times during the day or having the facilitator spend a little extra time with the student in the morning.
- If the response is slow, but going in the right direction (e.g., the trend is positive, but it's taking more than six weeks for the student to get 80% or more of points on a regular basis), take a deeper look at data to see if there are specific areas where the student isn't having as much success and target those more closely. (See the next slide for an example of a DPR with individualized features.)
- Another step would be to review the function of behavior. If the function is not actually to "gain adult attention," another intervention might be more appropriate.

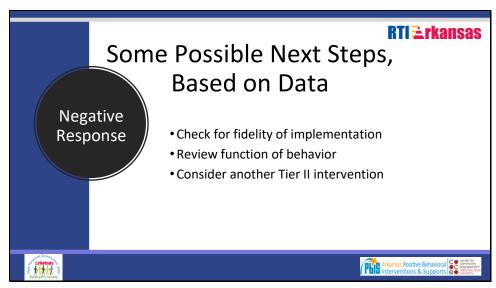


Slide #46

[Example of a Daily Progress Report with Individualized Features]

- Here is an example of a Daily Progress Report with individualized features. This is available as a handout on the next page (pg. 63).
- On this DPR, the student is focusing on specific expectations. Most students in CICO will be rated on how well they follow all the expectations, but if a student is progressing slowly with CICO and it is determined that they are having more difficulty with specific behaviors, they can be more individualized. Everything else stays the same.
- The student will be assessed during each period of the day on how well they followed the expectations.
- The more they followed the expectations, the more points they get.

	3 = 0-1	3 = 0-1 reminder 2 = 2 re	2 = 2 reminders 1 = 3	1 = 3+ reminders	
	Be Safe Keep hands & feet to self	Be Respectful Use polite language	Be a Learner Follow directions	Teacher Initials	Success Notes
Period 1	3 2 1	3 2 1	3 2 1		
Period 2	3 2 1	3 2 1	3 2 1		
Period 3	3 2 1	3 2 1	3 2 1		
Period 4	3 2 1	3 2 1	3 2 1		
Period 5	3 2 1	3 2 1	3 2 1		
Period 6	3 2 1	3 2 1	3 2 1		
Period 7	3 2 1	3 2 1	3 2 1		
	Today's (Today's Goal: 50% 55% 6	%02 %59 %09	75% 80%	
•	Today's Points	Points	Points PossibleTo	Today's Percent	%



Slide #47
[Some Possible Next Steps, Based on Data Cont'd]

- Again, the first step is always to check that the intervention was implemented correctly, and everyone involved is doing what they're supposed to do.
- If the response is not positive in a reasonable amount of time (the team will need to have data decision rules for this; e.g., no positive trend and not meeting 80% of daily points within four weeks), it is also important to review the function of behavior and whether the intervention was appropriate.
- If the response continues to be negative and it is determined that CICO is not appropriate for the student's function of behavior, it may be time to consider another intervention.



Slide #48
[Component 5: Family Participation]



Component 5: Family Participation

- Students are reminded to take their DPR home.
- Parents sign and return the DPR.
- Facilitators provide re-teaching and encouragement if the DPR is not signed.





Slide #49

[Component 5: Family Participation]

- The facilitator promotes school-to-home communication and family participation with the CICO intervention.
- Students are reminded each day to take their DPR home.
- Parents are asked to sign and return the DPR the following day.
- If the DPR is not signed and returned, re-teaching and encouragement are provided but no punitive responses occur.
- Possibly provide reinforcer when it is brought back signed.
- Considerations for older students: middle school and high school students may need parent signature less often, e.g., weekly.



Slide #50
[Video Example]

- Link to video: https://youtu.be/MyPUY38blZQ
 - This video is called "Check-In / Check-Out: Providing a Daily Support System for Students" and was posted by Edutopia on Feb. 2018.

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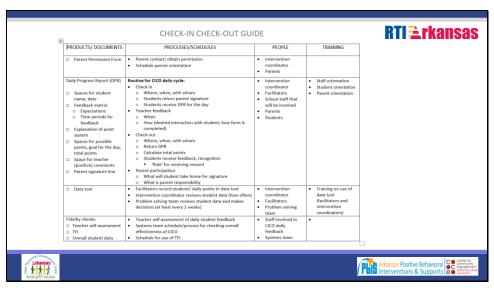
Guide for Implementing CICO

- Guide for implementing CICO provided on the next slide
- This Guide can also be downloaded from http://cce.astate.edu/pbis/wp-content/uploads/2019/11/5.-check-in-check-out-guide.docx





Slide #51
[Guide for Implementing CICO]



Slide #52
[Check-in, Check-out Guide]



EXAMPLES

Check-in, Check-out Guide

The following page (pg. 70) contains the CICO guide referenced on this slide.

CHECK-IN CHECK-OUT GUIDE

Schedule parent contact, obtain permission Schedule parent orientation Schedule parent orientation Schedule parent orientation Check in Check in Students receive DPR for the day Teacher feedback Check out Check ou	PRODUCTS/ DOCUMENTS	PROCESSES/SCHEDULES	PEOPLE	TRAINING
Routine for CICO daily cycle: Check in Where, when, with whom Students return parent signature Students receive DPR for the day Teacher feedback When When Where, when, with whom Campleted) Check out Where, when, with whom Students receive feedback, recognition Check out Where, when, with whom Where, when, with whom Where, when, with whom Where, when with whom Where, when with whom Students receive feedback, recognition What is parent responsibility Parent participation What is parent responsibility Facilitators record students' daily points in data tool What is parent responsibility Facilitators record students' daily points in data tool What is parent responsibility Facilitators record students' daily points in data tool What is parent responsibility Facilitators record students' daily student data and makes What is parent responsibility Facilitators record students' daily student feedback Problem solving team reviews student data and makes Goordinator Problem solving team reviews student feedback Facilitators Facilitators Facilitators Facilitators Coordinator Facilitators Facilit		Parent contact; obtain permission Schedule parent orientation	Intervention coordinator Parents	
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effectiveness of CICO • Schedule for use of TFI	□ Teacher self-assessment	 Systems team schedule/process for checking overall 	CICO daily	
Schedule for use of TFI	□ TFI	effectiveness of CICO	feedback	
	 Overall student data 	Schedule for use of TFI	 Systems team 	

Conclusion

Slides 53 - 59

- Fidelity check
- Summary
- Resources

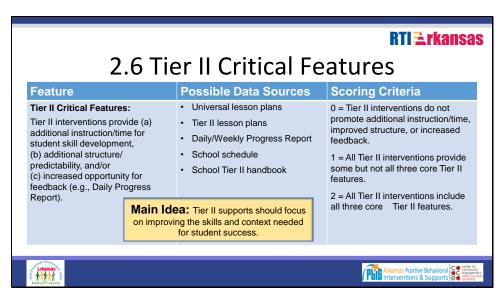




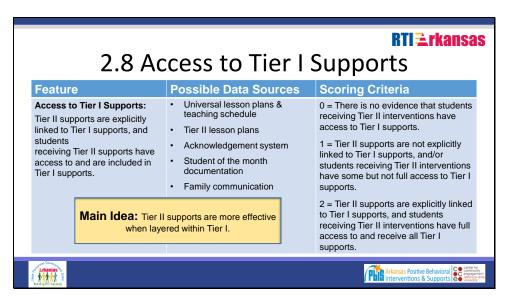


Slide #53 [Do it With Fidelity!]

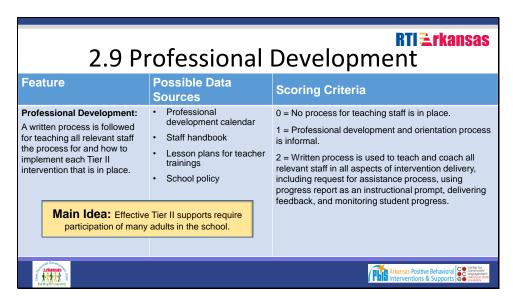
- In order for Tier II to have the desired effect, it must be done with fidelity. Use the TFI as a fidelity check.
- The next three slides will provide a main idea and outline the criteria for reaching fidelity for each of these items.



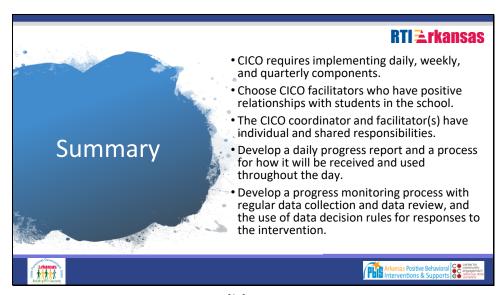
Slide #54
[2.6 Tier II Critical Features]



Slide #55
[2.8 Access to Tier I Supports]



Slide #56
[2.9 Professional Development]



Slide #57
[Summary]

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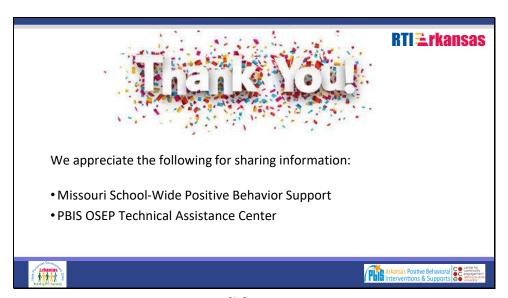
Resources

- What is Tier 2 Support (pbis.org)
- <u>Missouri Schoolwide Positive Behavior Support Tier II Team</u> Workbook
- CCE Tier II Resources
- Book and DVD: <u>Responding to Problem Behaviors in Schools: The Behavior Education Program</u>
- Behavioral Intervention Tools Chart





Slide #58 [Resources]



Slide #59 [Thank You!]

Discussion Questions:

The following questions will help schools start thinking about the first steps involved in CICO implementation. If there is time, ask some of the questions below to engage attendees and assess whether they understand the material that has been presented. If you have a large group, consider having smaller groups discuss the questions and then report back to the entire group.

- 1. Who will you ask to be facilitators for CICO? How will you pair them with students identified for CICO?
- 2. How will you provide training and support to staff who will be participating in CICO, either as facilitators or teachers of students in CICO?
- 3. How will you collect daily student data? How will you record and review data collected?
- 4. How will encourage families to be involved in the process?
- 5. How will you communicate CICO progress to staff and parents?

Homework:

- Determine how you will identify students who would benefit from CICO.
- Use the CICO Implementation Guide as a reference and checklist to begin developing the products, processes, and training that will be needed to implement CICO.
- Begin implementing CICO with a small trial or pilot program. Use this
 experience to learn and tweak things, making it more efficient and
 effective.

Resources:

The following resources will give attendees more information on CICO.

- Arkansas State University CCE PBIS Resource Center
- Missouri SW-PBS Tier II Workbook Check-in Check-out
- Delaware Positive Behavior Support Project:
 - Targeted Data Tracking and Graphing Tool
 - o Targeted Data Tracking and Graphing Tool- User Guide
- A school example of CICO
 - This is a video example; the name of the video is "PBIS: Kindergarten through Eighth Grade Check-In Check Out System" and was uploaded by Milwaukee Public Schools on October 2011.

Next Modules:

The suggested next module is Module 8: Collecting and Using Data for Tier II Decision Making. Other Tier II interventions are presented in Module 6: Social Skills Groups and Module 7: Additional Tier II Interventions.